

Company No. 3996448
Charity No. 1081300

THE MIGRAINE TRUST
(A Company Limited by Guarantee)

THE TRUSTEES' ANNUAL REPORT & FINANCIAL STATEMENTS
31 JANUARY 2011

THE MIGRAINE TRUST

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2011**

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THE MIGRAINE TRUST

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 JANUARY 2011

Registered Office	52-53 Russell Square, London WC1B 4HP Telephone: 020 7631 6970 Facsimile: 020 7436 2886 e-mail: info@migrainetrust.org website: www.migrainetrust.org
Founder President	Dr Macdonald Critchley CBE FRCP FACP
Trustees	Ian Watmore (Chairman) (Appointed Chairman on 26 October 2010) Andrew Jordan (Chairman) (Resigned as Chairman and as Trustee on 26 October 2010) Jenny Mills (Hon Treasurer) Professor Peter J Goadsby BMedSc PhD MB BS DSc FRACP FRCP Suzanna Hammond Dr Anne MacGregor MB BS MFSRH MD DIPM (Resigned as a Trustee on 18 May 2010) Harvey McGregor QC Julius Wolff-Ingham Dr Brendan Davies BSc MBBS FRCP MD Suzanne Marriott Dr Mark Weatherall MB BC PhD MRCP Dr Fayyaz Ahmed MD FRCP MBA (Appointed as a Trustee on 26 October 2010)
Chief Executive	Wendy Thomas
Research Advisory Committee	Professor Peter J Goadsby BMedSc PhD MB BS DSc FRACP FRCP (Chairman) Dr Timothy Steiner BSc PhD LLM MB FFPM Professor Jean Schoenen PhD MD Professor P Anand MA MD FRCP Professor Maria Fitzgerald BA PhD FMedSci Dr Paul Davies MA MD FRCP Dr William Radice MA DPhil
Bankers	Lloyds TSB plc, Southampton Row, London, WC1B 5HR CAF Bank Limited, 25 Kings Hill Avenue, West Malling Kent ME19 4JQ
Auditors	MacIntyre Hudson LLP, New Bridge Street House, 30-34 Bridge Street London EC4V 6BJ
Principal Solicitors	Wilsons, Steynings House, Summerlock Approach, Salisbury, Wiltshire SP2 7RJ
Investment Managers	J P Morgan Fleming Asset Management, Finsbury Dials 20 Finsbury Street London EC2Y 9AQ
Registered Charity Number	1081300
Company Status	A company limited by guarantee incorporated in England No 3996448 and governed by its memorandum and articles of association



TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDING 31 JANUARY 2011

The Trustees present their report and audited Financial Statements for the year ended 31 January 2011. The accounts comply with the Companies Act 2006, the charity's governing document and the Statement of Recommended Practice – Accounting and Reporting by Charities (SORP 2005).

Structure, Management and Governance

Governing Document

The Migraine Trust is a charitable company limited by guarantee, established in 1965 and incorporated in May 2000. The company was established under a Memorandum of Association and is governed by its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

Appointment and Resignation of Trustees

Andrew Jordan, who has served as a Trustee of the Migraine Trust for 12 years both in a capacity of Honorary Treasurer and latterly as Chairman, stepped down as a Trustee and Chairman of the Board on 26 October 2010. Ian Watmore, who was appointed as a Trustee on 20 January 2009, succeeded to the position of Chairman of the Board on 26 October 2010.

Dr Anne MacGregor resigned as a Trustee on 18 May 2010 and Dr Fayyaz Ahmed was appointed as a Trustee on 26 October 2010.

Trustees of The Migraine Trust are appointed for a three year term of office. One third (or the number nearest to one third) of the Trustees must retire each year. A retiring Trustee is eligible for re-election, and may serve no more than four consecutive terms of office. The Migraine Trust had 10 serving Trustees as at 31 January 2011 (2010: 12).

Trustee Induction and Training

Long-serving Trustees are already familiar with the work of the charity. New Trustees are invited to attend an orientation session to be briefed on their legal obligations under charity and company law, the content of the Memorandum and Articles of Association, the decision making processes, future plans and objectives and the recent financial performance of the charity.

Organisational Structure

The Board of Trustees, which can have between five and 15 members, administers the charity. The Board meets three times a year. A Finance Sub-Committee meets informally as required, and annually to review and discuss the annual budget. A Research Advisory Committee meets periodically to review and assess applications for research grants and awards appropriate funds designated from available resources. The Chief Executive is appointed by the Trustees to manage the day to day operations of the charity. To facilitate effective operations, the Chief Executive has delegated authority, within terms of delegation approved by the Trustees, for matters including finance, employment and research related activity.

Statement of Trustees' Responsibilities

Company Law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and the income and expenditure of the charitable company for that period. In preparing the accounts the Trustees are required:

- to select suitable accounting policies and then apply them consistently
- to make judgements and estimates that are reasonable and prudent
- to state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements
- to prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable it to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charitable company and hence taking reasonable steps towards the prevention and detection of fraud and other irregularities.

In so far as the Trustees are aware:

- There is no relevant audit information of which the company's auditors are unaware
- The Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

Public Benefit

The Trustees confirm that they have complied with the duty in section 4 of the Charities Act 2006 to have due regard to the public benefit guidance published by the Charity Commission.

Risk Management

The Trustees, Chief Executive and Senior Management have conducted a review of the major risks to which the charity is exposed. A risk register has been created and approved by the Trustees and is reviewed and updated at regular intervals.

The Trustees have a risk management strategy which comprises:

- Regular reviews of the risks that the charity faces
- The establishment of systems and procedures to mitigate risks identified
- The implementation of procedures designed to minimise any potential impact on the charity should those risks identified actually materialise.

A key element in the management of financial risk is the setting of a reserves policy and the regular review of this policy by the Trustees.

Objectives and Principal Activities

A Special Resolution was unanimously approved by the Trustees in January 2008 to broaden the objectives and modernise the outlook of The Trust. These objectives are tabulated here:

OBJECTIVE	MEETING THE OBJECTIVE
<p>To protect and promote the health of the public in particular by research into the nature, causes, diagnosis, prevention and treatment of migraine and to disseminate the useful results of such research</p>	<p>By grant funding research projects, fellowships and studentships and General Practitioner research both in the United Kingdom and abroad</p> <p>By holding International Research Symposia every two years as a forum for research and publishing abstracts of research presented</p> <p>By holding interdisciplinary workshops for leading specialists to explore new directions in research</p>
<p>To relieve sickness and preserve the health of sufferers of migraine, in particular but not exclusively by providing support services to sufferers of migraine</p>	<p>By running a full information service to help migraine and headache sufferers better understand and cope with their condition, including free management and specialist booklets, fact sheets, a helpline and regular newsletters</p>
<p>To advance the education of health professionals and the public in the subject of migraine, in particular but not exclusively by raising awareness of migraine, its causes and effects amongst the same</p>	<p>By holding courses for General Practitioners and other health professionals</p> <p>By giving talks to interested groups and organisations</p> <p>By holding regular Migraine Awareness events</p> <p>By working with other groups to increase influence and expertise</p> <p>By communicating more widely and regularly with all service users, assisted by the recent appointment of a communications manager</p> <p>By participating in Headache UK, an umbrella body of headache and migraine charities, whose role is to lobby and work with government</p>

Professional Collaborations

The Trust is a member of the Association of Medical Research Charities (AMRC), an umbrella organisation of leading medical and health research charities in the United Kingdom. AMRC members aim to follow the highest standards of accountability in medical health research funding. Membership of AMRC requires the use of independent peer review in the allocation of all grants and awards for research.

The Trust is a member of Headache UK (HUK), an alliance of headache charities in the UK. The other members of HUK are the Organisation For The Understanding of Cluster Headache (OUCH), the British Association For The Study Of Headache (BASH), the Trigeminal Neuralgia Association (TNA) and the Headache Champion, Dr David Kernick, from the Royal College of General Practitioners. Through HUK, The Trust aims to increase the profile of headache at the highest levels of government, and to lobby for a significant improvement in the resources allocated to dealing with headache in the UK. HUK acts as technical advisor and funds the Co-Ordinator's post to the All Party Parliamentary Group On Primary Headache Disorders.

The Chief Executive of the Migraine Trust, Wendy Thomas, is a member of BASH and was elected on to BASH Council in January 2011. The objects of BASH are to relieve the suffering of people with headache by the advancement of scientific study into that condition by promoting collaboration within the UK on clinical management, research and education, collaborating with international research institutions engaged in advancing the study of headache, and representing to such institutions the experience of clinicians, research scientists and headache sufferers in the UK.

All members of BASH are automatically members of the International Headache Society (IHS). The objects and principal activities of the IHS are to relieve sickness and to protect and preserve health in the UK and other countries, in particular by promoting research into the causes, mechanisms, diagnosis, treatment and other aspects of headache, and by disseminating the useful results of this research through the IHS network. In addition, the Chief Executive of the Migraine Trust was elected Honorary Treasurer of IHS in September 2010 and the Trust has taken on financial and administrative duties for IHS since that date.

The Trust is a member of the World Headache Alliance (WHA). The objects and principal activities of WHA are to relieve the suffering of people with headache throughout the world, in particular but not exclusively by sharing information among the headache organizations and by increasing awareness and understanding of headache as a public health concern and its profound social and economic impact.

The European Headache Alliance (EHA) was launched in The European Parliament by Nobel Peace Laureate John Hume in September 2006. The Board currently consists of 10 patient-led organizations operating in Europe. The Migraine Trust is now a full member of EHA. The Trust's Chief Executive has been elected to the Board of EHA in September 2009 and subsequently appointed Secretary.

The Migraine Trust also collaborates with other organizations through umbrella groups such as The Neurological Alliance and the Schools Alliance.

Furthermore, the Trust's Chief Executive and a Medical Trustee (Brendan Davies) have been appointed to the NICE Guideline Development Group on Headache which is charged to produce guidelines on the treatment of headache by December 2012.

Achievements and Performance in 2010/11

Fundraising

Individual Donations

As for most charities 2010/11 continued to be a difficult year in terms of individual fundraising. The Trust received many letters from individuals who could no longer afford to support us on a regular basis due to redundancy, pensions or the general rise in cost of living. Despite this, however, the fundraising department met its target, thanks in particular to a major donation.

Trusts, Corporates and Foundations

Trust income was disappointing for the year which was due to increased demand on trusts and the need to demonstrate better engagement with beneficiaries. As a result, the Board of Trustees agreed in January 2011 to re-establish a User Group in order to gain input from sufferers and to assist with fundraising applications.

Merck Sharp & Dohme continued their support of the Trust's work and in particular provided funding to enable us to commission a new website. The Trust's new website was also funded through a generous donation from the web developer itself, namely Fuse8. The Trust is now equipped with an excellent new website which will bode well for the future.

Further corporate sponsorship came from Allergan to support the ongoing work of the Trust.

Legacies

Legacies continue to be the Trust's most important source of income. The Trust has been very active in seeking to increase its legacy income through its continued membership of "Remember a Charity", through its legacy advertising, the production of a new legacy leaflet and regular mention of legacy giving in Migraine News. The Trust's new website has also enabled legacy giving to be given a higher profile.

Fundraising Events.

The Trust is very pleased to have increased the number of its own places in the London Marathon to four within a two year timeframe. The Trust's regular British 10K team put on a great show dressed in pink whilst the Women's 5K Challenge continued to attract new migraine sufferers to the cause. The Trust's first participant took part in a sponsored trek in Iceland in August 2010 and supporters have taken part in other fundraising events such as the BUPA Great North Run, Manchester Sky Ride and Royal Parks Half Marathon.

Merchandising

Stocks of Christmas cards sold well in 2010 and other goods continue to be purchased from the online shop. However, because our new website enables information packs to be downloaded and has the ability for individuals to create an Online Diary, this has led to less demand for paper based materials.

Future Plans

2010/11 was a year when the Trust started to put into place ideas and structures to make fundraising more appropriate for a difficult economic climate. The decision to re-establish a Users Group, a move away from a focus on regular giving to one off donations, increasing the number of organised events and our new website should all start to make an impact in 2011/12.

Research

The Trust continues with its valuable funding and promotion of research into migraine and headache. In 2007 The Trust awarded fellowship and studentship grants which continued into 2010/11. The grants still in operation are:

Start Date	Detail of Research Grants	Institution	Amount (£)
Sept 07	<p>'A case control study of the molecular genetics of pure menstrual and menstrually-related migraine'</p> <p>Award: £38,767 We continue to fund the running costs of taking the samples and shipping them to Australia (£16500). One year grant to pay research nurse salary has now completed.</p>	Dr Anne MacGregor Alison Frith City of London Migraine Clinic	38,767
Sept 07	<p>PhD - 'The response of human brain endothelium and astrocytes to vasoactive mediators'</p> <p>Ends Feb 2011</p>	Prof David Male Open University Milton Keynes	63,000
	Total		101,767

Future research funding at the Migraine Trust

In the current financial climate it has not been possible to ring fence new research monies but staff are actively seeking new ways to continue funding research into headache and migraine.

The European Headache and Migraine Trust International Congress (EHMTIC)

In 2006 the Migraine Trust and the European Headache Federation formed a company called EHMTIC Limited to run a biennial congress to discuss and present the latest research into migraine and headache. The company was incorporated in the United Kingdom on 19 April 2007 (Company No: 6219313) and was subsequently entered in the Central Register of Charities at the Charity Commission on 29 November 2007 (Registered Charity No: 1121734). The Migraine Trust and the European Headache Federation each own one ordinary share of £1 in EHMTIC Limited, or 50% of the company.

The first EHMTIC was held in London between 4 and 7 September 2008 and attended by almost 900 delegates from around the world including leading neurologists specializing in migraine and headache. This inaugural event was considered a great success and a useful platform to build on for future events in conjunction with our partners, the European Headache Federation.

The second EHMTIC was held in Nice, France between 28 and 31 October 2010 and was attended by more than 1,400 delegates.

The second congress was also a financial success due to the generous sponsorship from a number of leading pharmaceutical companies, most notably from Allergan and Merck Sharpe and Dohme. As a consequence, EHMTIC Limited was able to donate a total of £140,000 in late 2010 to its two founder shareholders to fund their own charitable activities in the fields of migraine and headache.

Future Plans

The third EHMTIC will be held between 19 and 23 September 2012 at the London Metropole Hotel where it is hoped that the success of the first two EHMTICs will be further built on with the post Olympic euphoria adding to the attraction of holding it in London.

Communications

The Migraine Trust's communication activities continue to go from strength to strength with excellent national press coverage, the launch of a new website and growth in e-communications.

Press Activities

The Trust secured excellent national coverage during the year due to the launch of Botox as a treatment for chronic migraine and the TRESK gene research.

Highlights of the year included national coverage in The Sun, Sunday Telegraph, The Times, Daily Mail, Daily Express, The Mirror and The Guardian. The Trust also featured on BBC News online, local radio and regular coverage in magazines/journals.

Website

A major focus of our work for the year was the commissioning and launch of a new website. The site went live on 1 September 2010 and has been a great success. Not only does the site contain a wealth of information about migraine but it also provides a free online migraine diary and a Travelling Migraine Diary campaign enabling sufferers to share their stories both offline and online.

E-communications

As a result of our new website the number of people subscribing to our free e-bulletin has greatly increased. To complement the style of the website the e-bulletin was redesigned which has improved its look and impact.

The Facebook group has continued to grow and users are increasingly engaging with each other where they discuss the latest innovations, stories and experiences.

Future Plans

The key challenge for the coming year is to continue to give the Migraine Trust a greater external profile and to better turn communications successes into increased fundraising support.

Headache UK

The Chief Executive of the Migraine Trust was elected as Chair of Headache UK in March 2009.

Headache UK members have continued to fund the post of co-ordinator for the All-Party Parliamentary Group on Primary Headache Disorders (APPGPHD) which has been crucial to the success and development of the Group.

In March 2010, the APPGPHD produced a report entitled "Headache Disorders – not respected, not resourced" based on evidence presented to the group in 2008 and 2009. This report was funded by a grant to the Migraine Trust from Merck Sharpe and Dohme.

In July 2010 at the Group's Annual General Meeting, Jim Fitzpatrick MP was appointed as the new Chairman of the Group. Stephen O'Brien MP retired as Chairman to take up Ministerial responsibilities.

A further briefing meeting for Parliamentarians and external interested parties was held in October 2010 entitled "Employment – Barriers for Headache & Migraine Sufferers".

Future Plans

In March 2011, the APPGPHD held a reception in the House of Lords and further APPGPHD Meetings are planned in 2011, including discussions on Chronic Pain, Headache in Schoolchildren and a review of neurological services available in the four countries of the United Kingdom.

European Headache Alliance (EHA)

The Chief Executive of the Migraine Trust was appointed as Secretary of the EHA in November 2009.

An EHA event to raise awareness of migraine was held in May 2010 in the Spanish Parliament in Madrid, where EHA launched its Manifesto on Headache and Migraine Disorders. The Manifesto is a call to Governments and other policymakers across Europe to recognise that the failure of healthcare systems to provide effective treatments to migraine sufferers is causing a socio-economic burden.

In September 2010 EHA held a meeting with the ENVI Committee in the European Parliament in Brussels and combined this with a public awareness raising event in the Grand Place.

Education and Awareness Raising

The Migraine Trust aims to improve the diagnosis and management of headache through its educational and awareness raising work. The Trust provides information both directly to sufferers and also to those who treat them. It aims to provide comprehensive, accurate and relevant information in an easily accessible form. Examples of this work in 2010/11 include:

Public Information Events

The Trust continues to organise Managing Your Migraine events across the UK and 2011/12 was no exception. There were two successful public information events, the first being in Oxford in March 2010 as part of Brain Awareness Week and the second in Norwich in July 2010.

A new development was the agreement with the British Association for the Study of Headache (BASH) that the Trust organises a public information event when BASH has one of its meetings. The first of these took place in September 2010 as part of Migraine Awareness Week in Keele at which over 80 people booked a place. The second was in Hull in January 2011.

Migraine Awareness Week (5-11 September 2010)

The Trust circulated leaflets, posters and "post-its" on the theme 'Migraine Matters' which was based on the fact that 1 in 7 people suffer from migraine in the United Kingdom.

Printed Materials

The Trust continues to produce high quality, evidence based written materials which are continually updated for accuracy and up to date research. Fact sheets are prepared on new topics as required.

Migraine News is now produced three times per year (January, May and September) with articles written in house and by expert external contributors. Past articles are made available on the web site for download.

Online Learning

Stemming from the successful initiative of offering training days for nurses in 2009/10, the Trust is trying to reach greater numbers of nurses involved with migraine in a cost effective way. The Trust is now in the advanced stages of producing a new on line learning tool aimed at nurses and other healthcare professionals. The Trust has sought the views of experts in the field and hopes to launch this new online learning module later in 2011.

Future Plans

A Joint Event with BASH is planned in Glasgow in June 2011 for the public to be briefed on the management of migraine and the latest developments in research. A further Public Information event was organised in Lincoln in March 2011 and a second one is planned in Aberdeen in September 2011.

Support Services

The aim of the Support Services section is to collect and manage information and evidence about migraine and disabling headache, and to provide this information to enquirers in appropriate terminology, for example, in lay language for members of the public.

Support Services has continued to contribute to the production of fact sheets, information packs and *Migraine News*, and are also involved in outreach and providing information to help with public relations work.

Contacts are made through various channels: by telephone, email, letter and visits. A staffed information stand is provided for one half day a week to the headache clinic at the National Hospital for Neurology and Neurosurgery.

Contact with Support Services tend to peak around Migraine Awareness Week in September and stories which 'hit the headlines', for example, the licensing of Botox for chronic migraine.

The 'Contact Us' portal, part of the new website, has raised the profile of the Information and Enquiry service. Enquiries received via this portal are broader and more complex.

The most popular topics raised continue to be: drugs and side effects, latest research, rights at work for those whose migraine impacts in the workplace, migraine clinics and health services.

Financial Review and Results for the Year

The Trust incurred a net deficit of income over expenditure, before transfers and investment gains, of £6,516 in the year to 31 January 2011, compared to a net deficit of £12,469 in the prior year. The Trust's deficit position has improved on the prior year by £5,953 due to lower incoming resources being more than outweighed by overall reduced expenditure.

The financial deficit was improved by £39,648 in the year due to a better performance of the Trust's investment portfolio in line with general stock market conditions. As a result, the Trust incurred a net surplus in movement in funds of £33,132 in the year to 31 January 2011 compared to a surplus of £16,353 in the prior year.

As at 31 January 2011 the Trust held investments totalling £298,523 (2010: £333,875) managed by JP Morgan Asset Management in a combination of equity and bond fund investments. These investments are regularly reviewed by the Trustees and the Trust's professional advisors for performance and suitability with regard to the Trust's medium and longer term viability.

Incoming resources in the year totalled £526,006 (2010: £583,449), with the current year benefiting from the EHMTIC dividend of £70,000 being received (2010: £Nil) but legacy receipts were significantly lower than the prior year.

The Trust is always extremely grateful to receive legacies as they help to fund large and important areas of work which might not otherwise be able to proceed. In the year just ended a total of £220,794 (2010: £404,044) was received from legacy donations.

Total resources expended in the year totalled £532,522 (2010: £595,918). The £63,396 (or 10.6%) overall decrease in total resources expended is largely attributable to reduced research grants expended in the year of £29,139 (2010: £72,578) as well as lower salary and associated employment costs from the non replacement of one member of staff.

Fundraising costs have remained consistent at £102,064 (2010: £102,545) as a consequence of staffing levels and associated costs remaining stable throughout the two year period.

Total expenditure on charitable activities was £410,732 in the year ended 31 January 2011 (2010: £483,113). This expenditure represented 77% of total resources expended (2010: 81%).

Governance costs increased significantly in the year ended 31 January 2011 to £19,726 (2010: £10,260). This is primarily due to the fact that expenditure in 2010/11 included significant legal and professional costs associated with renegotiating the terms of the new office lease and in connection with exiting the old office premises.

Reserves

The Trustees regularly review the required level of reserves for the Trust and it has been the intention to maintain the Contingency and Working Fund Capital Fund at a level which equates to a minimum of six months of net operating cashflow plus a further provision for lease commitments extending beyond this period.

In view of the financial performance of the Trust in the year to 31 January 2011 it has been possible to transfer a further £30,000 (2010: £82,500) into the Contingency and Working Capital Fund. As a consequence, the Contingency and Working Capital Fund now stands at £120,000 as at 31 January 2011 (2010: £90,000), equivalent to four months of net operating cashflow requirements.

The Trustees' are currently satisfied that the Trust is sufficiently funded for the foreseeable future and will keep this position under regular review.

Auditors

A resolution to re-appoint the auditors, MacIntyre Hudson LLP, will be proposed at the Annual General Meeting.

Approved by the Trustees on 17 May 2011 and signed on its behalf by:

Ian Watmore
Chairman of Trustees



INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF THE MIGRAINE TRUST

We have audited the financial statements of The Migraine Trust for the year ended 31 January 2011 which comprise the Statement of Financial Activities, the Balance Sheet and related notes.

This report is made solely to the company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND AUDITOR

As explained more fully in the Trustees' Responsibilities Statement (set out on page 2, the Trustees' (who are also the directors of The Migraine Trust for the purposes of company law) are responsible for preparation of the financial statements and for being satisfied that they give a true and fair view.

Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's (APB's) Ethical Standards for Auditors.

SCOPE OF THE AUDIT OF THE FINANCIAL STATEMENTS

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of whether the accounting policies are appropriate to the charitable company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the trustees; and the overall presentation of the financial statements.

OPINION ON FINANCIAL STATEMENTS

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 January 2011 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been properly prepared in accordance with the Companies Act 2006; and



**INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF
THE MIGRAINE TRUST (Continued)**

OPINION ON OTHER MATTER PRESCRIBED BY THE COMPANIES ACT 2006

In our opinion the information given in the Trustees' Annual Report for which the financial statements are prepared is consistent with the financial statements.

MATTERS ON WHICH WE ARE REQUIRED TO REPORT BY EXCEPTION

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion;

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the Trustees were not entitled to prepare the financial statements in accordance with the small companies regime.

Rakesh Shaunak (Senior Statutory Auditor)
For and on behalf of MacIntyre Hudson LLP, Statutory Auditor
New Bridge Street House, 30-34 New Bridge Street, London EC4V 6BJ
London

Date: 6 June 2011

THE MIGRAINE TRUST

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 31 JANUARY 2011

	Notes	General Funds 2011 £	Designated Funds 2011 £	Restricted Funds 2011 £	Total Funds 2011 £	Total Funds 2010 £
Incoming Resources						
Incoming Resources from Generated Funds:						
Voluntary Income:						
Donations		203,902	-	-	203,902	154,731
Legacies		220,794	-	-	220,794	404,044
Investment Income		10,210	-	-	10,210	10,303
Incoming Resources from Charitable Activities:						
International Symposium		-	-	-	-	-
EHMTIC Limited	2	87,151	-	-	87,151	13,530
Other Incoming Resources		3,949	-	-	3,949	841
Total Incoming Resources		526,006	-	-	526,006	583,449
Resources Expended						
Costs of Generating Funds:						
Costs of Generating Voluntary Income:						
Fundraising	3b	102,064	-	-	102,064	102,545
Charitable Activities:						
Research	3a	34,982	29,139	-	64,121	117,151
International Symposium	3a	-	-	-	-	-
EHMTIC Limited	3a	22,165	-	-	22,165	21,554
Communications and Stakeholder Relations	3a	106,366	-	-	106,366	102,743
Education and Awareness Raising	3a	114,106	1,261	104	115,471	139,620
Support Services	3a	102,609	-	-	102,609	102,045
Governance Costs	3b	19,726	-	-	19,726	10,260
Total Resources Expended		502,018	30,400	104	532,522	595,918
Net income/(expenditure) before Transfers		23,988	(30,400)	(104)	(6,516)	(12,469)
Transfers	12	(30,000)	30,000	-	-	-
Net income/(expenditure) for the year		(6,012)	(400)	(104)	(6,516)	(12,469)
Other Recognised Gains/(Losses)						
Net Investment Gains/(Losses)						
Realised Investment Gains/(Losses)		1,406	-	-	1,406	5,421
Unrealised Investment Gains/(Losses)	8	38,242	-	-	38,242	23,401
Net Movement in Funds		33,636	(400)	(104)	33,132	16,353
Fund balances brought forward at 1 February 2010		5,658	364,584	18,164	388,406	372,053
Fund balances carried forward at 31 January 2011		39,294	364,184	18,060	421,538	388,406

All incoming resources and resources expended derive from continuing activities. The notes on pages 16 to 23 form part of these financial statements.

THE MIGRAINE TRUST

BALANCE SHEET

AS AT 31 JANUARY 2011

	Notes	<u>2011</u>		<u>2010</u>
		£	£	£
Fixed assets				
Tangible assets	7		27,744	7,566
Investments	8		<u>298,524</u>	<u>333,876</u>
			326,268	<u>341,442</u>
Current assets				
Stocks	9	2,004		2,430
Debtors and prepayments	10	48,108		33,902
Cash at bank and in hand		<u>100,446</u>		<u>52,735</u>
		150,558		<u>89,067</u>
Creditors: Amounts falling due within one year				
	11	<u>(55,288)</u>		(42,103)
Net Current Assets				
			95,270	<u>46,964</u>
Net Assets				
			<u>421,538</u>	<u>388,406</u>
Unrestricted Funds				
General Fund		39,294		5,658
Designated Funds	12	<u>364,184</u>		<u>364,584</u>
			403,479	<u>370,242</u>
Restricted Funds				
	13		18,060	18,164
Total Funds				
			<u>421,538</u>	<u>388,406</u>

These financial statements have been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

The notes on pages 16 to 23 form part of these financial statements.

These financial statements were approved by the Trustees on 17 May 2011 and signed on their behalf by: -

Ian Watmore
CHAIRMAN

Jennifer Mills
HON. TREASURER

Company No: 3996448

THE MIGRAINE TRUST

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 JANUARY 2011

1 Accounting Policies

Basis of Accounting

These financial statements have been prepared under the historical cost convention with the exception of investments which are included on a market value basis.

These financial statements have been prepared in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities' (the Charities SORP 2005) and applicable accounting standards and the Companies Act 2006.

Legacy income is credited as incoming resources only when received. In the Trustees' opinion this treatment is necessary in order to give a true and fair view, due to the level of uncertainty regarding the date of receipt and amount of expected income. All other income is included on a receivable basis.

All resources expended are taken into account on an accruals basis.

All resources expended are allocated between unrestricted, designated and restricted funds as appropriate and include VAT since the Migraine Trust is not VAT registered.

Tangible Fixed Assets

Tangible fixed assets are stated in the balance sheet at cost less depreciation.

Computer and other office equipment is depreciated at a rate of 25% per annum on cost so as to write off the assets over their estimated useful lives. Fixtures and fittings are depreciated at a rate of 20% per annum on cost so as to write off the assets over the term of the lease on the Trust's premises.

Pension Scheme

The Trust operates a defined contribution money purchase group pension scheme. The assets of the scheme are held separately from those of the Trust and are independently administered by Norwich Union. Contributions payable by the Trust are charged in the period to which they relate.

Taxation

The Trust is a registered charity and is exempt from income tax and corporation tax. Value Added Tax is not recoverable, and is included in relevant costs in the Statement of Financial Activities.

Designated and Restricted Funds

The funds Designated by the Trust for specific purposes are set out in note 12.

Restricted funds are set out in note 13, and arise when donations or other incoming resources are received with restrictions that they are to be used for expenditure on a particular activity or specific purpose only.

THE MIGRAINE TRUST

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 JANUARY 2011

1 Accounting Policies (continued)

Investments

Quoted investments are stated at market value and any realised or unrealised gains and losses are shown in the Statement of Financial Activities. Investments in related companies (see note 2) are stated at cost.

Stocks

Stocks of merchandise for resale are shown in the financial statements at the lower of cost or net realisable value.

Reserves Policy

The Trust aims to maintain a designated contingency and working capital fund against contingencies and unexpected falls in income calculated with reference to running costs.

Operating Leases

Rentals payable under operating leases are charged to the Statement of Financial Activities as incurred over the term of the respective leases (see note 14).

2 Associate Company – EHMTIC Limited (“European Headache & Migraine Trust International Congress”)

Historically, the Migraine Trust has organised a biennial International Symposium held in London bringing the world’s leading neurologists together to discuss the latest research into migraine and headache. The Trust earmarked financial surpluses achieved at these symposia towards research projects approved by the Research Advisory Committee.

The European Headache Federation organised similar biennial congresses in mainland Europe.

In late 2006 it was agreed that it would be beneficial to combine these two events from 2008 onwards to bring all the eminent neurologists in the world together to discuss the latest developments into researching the causes and potential cure for migraine and headache.

As a consequence, the Migraine Trust and the European Headache Federation formed a company called EHMTIC Limited to run this biennial congress, the first of which took place in London in September 2008. The company was incorporated in the United Kingdom on 19 April 2007 (Company No: 6219313) and was subsequently entered in the Central Register of Charities at the Charity Commission on 29 November 2007 (Registered Charity No: 1121734).

The Migraine Trust and the European Headache Federation each own 1 ordinary share of £1 each in EHMTIC Limited, or 50% of the company. The company will donate its profits, where applicable, to the two founding shareholders for the foreseeable future. The company’s accounting reference date is 31 December and audited accounts will be filed with the Registrar of Companies as required.

Management at the Migraine Trust have been involved with the setup and ongoing administration of EHMTIC Limited in 2007. As a consequence, a recharge of management time and support costs have been recharged from the Migraine Trust to EHMTIC Limited totalling £17,151 in the year to 31 January 2011 (2010: £13,530).

The 1st EHMTIC was held in London in September 2008 and was attended by more than 850 delegates. The 2nd EHMTIC was held in Nice, France in October 2010 and attended by more than 1,400 delegates. The EHMTIC Board have decided that the 3rd EHMTIC will be held at the London Metropole Hotel between 19-23 September 2012.

In the year ended 31 December 2010 EHMTIC Limited made a donation to its two founder shareholders of £140,000 (2009: £ Nil) and the Migraine Trust’s share of this donation in 2010 was £70,000.

THE MIGRAINE TRUST

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 JANUARY 2011

3a Resources Expended

	General Funds <u>2011</u> £	Designated Funds <u>2011</u> £	Restricted Funds <u>2011</u> £	<u>Total</u> £	2010 <u>Total</u> £
CHARITABLE ACTIVITIES					
Research					
Staff costs	10,902	-	-	10,902	18,110
Research grants payable	-	29,139	-	29,139	72,578
Other direct costs	261	-	-	261	2,126
Support costs	23,819	-	-	23,819	24,338
Total Research Costs	34,982	29,139	-	64,121	117,151
EHTIC Limited					
Staff costs	15,159	-	-	15,159	14,395
Support costs	7,006	-	-	7,006	7,159
Total EHTIC Limited costs	22,165	-	-	22,165	21,554
Communications & Stakeholder Relations					
Staff costs	48,914	-	-	48,914	47,077
Support of related headache organisations	15,743	-	-	15,743	9,729
Other direct costs	2,476	-	-	2,476	5,851
Support costs	39,233	-	-	39,233	40,086
Total Communications & Stakeholder Relations Costs	106,366	-	-	106,366	102,743
Education & Awareness Raising					
Staff costs	41,239	-	-	41,239	47,490
"Migraine News" newsletter	16,167	-	-	16,167	21,132
Nurses training programme	-	1,261	104	1,365	5,745
Sufferers advisory group workshops	1,797	-	-	1,797	3,136
Other direct costs	3,059	-	-	3,059	9,146
Support costs	51,844	-	-	51,844	52,971
Total Education & Awareness Raising Costs	114,106	1,261	104	115,471	139,620
Support Services (including help-line)					
Staff costs	54,711	-	-	54,711	53,302
Other direct costs	3,060	-	-	3,060	2,931
Support costs	44,838	-	-	44,838	45,813
Total Support Services Costs	102,609	-	-	102,609	102,045
TOTAL CHARITABLE ACTIVITIES COSTS	380,228	30,400	104	410,732	483,113

THE MIGRAINE TRUST

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 JANUARY 2011

3b Resources Expended

	General Funds <u>2011</u> £	Designated Funds <u>2011</u> £	Restricted Funds <u>2011</u> £	<u>Total</u> £	<u>2010</u> <u>Total</u> £
COSTS OF GENERATING VOLUNTARY INCOME					
<i>Fundraising costs</i>					
Staff costs	42,409	-	-	42,409	41,195
Online shop merchandise	3,054	-	-	3,054	5,630
Legacy campaign	3,738	-	-	3,738	7,781
Other direct costs	17,834	-	-	17,834	12,148
Support costs	35,029	-	-	35,029	35,791
Total Fundraising Costs	102,064	-	-	102,064	102,545
GOVERNANCE COSTS					
Staff costs	4,382	-	-	4,382	4,138
Legal & professional fees	12,683	-	-	12,683	3,350
Trustee meeting expenses	63	-	-	63	(24)
Trustee indemnity insurance	671	-	-	671	827
Support costs	1,927	-	-	1,927	1,969
Total Governance Costs	19,726	-	-	19,726	10,260

Notes:

1. Support costs consist of staff costs, premises costs (including rent and service charges and repairs) and office running costs (including renewal, service and depreciation of office equipment, telephone and internet charges and general stationery/office supplies)

2. Staff support costs have been allocated to activities/functions in proportion to direct staff costs. Premises and office running costs have been in the main allocated to activities/functions on the basis of an assessment of utilisation of the various categories of cost, or where this is not possible or impractical to assess, in proportion to direct staff costs.

3. Governance costs include those incurred in the governance of the charity's assets and are associated with constitutional and statutory requirements.

SUMMARY OF SUPPORT COSTS:

	<u>2011</u>	<u>2010</u>
Staff Costs	89,037	90,112
Premises Costs	46,040	51,214
Information Technology Costs	21,277	24,174
Office Running Expenses	47,343	42,627
Total Support Costs	203,697	208,127

THE MIGRAINE TRUST

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 JANUARY 2011

4 Deficit on Ordinary Activities

The deficit on ordinary activities is stated after charging:

	<u>2011</u>	<u>2010</u>
	£	£
Depreciation of owned assets	6,142	5,426
Auditors remuneration	3,480	3,350
Employment costs	309,490	316,067
Rent on land and buildings	<u>42,273</u>	<u>47,770</u>

5 Staff Costs

	<u>2011</u>	<u>2010</u>
	£	£
Wages and salaries	258,450	267,163
Social security costs	27,025	27,560
Pension and other benefit costs	21,275	21,094
Recruitment and training costs	2,665	250
Agency/Temporary staff costs	<u>75</u>	<u>-</u>
	<u>309,490</u>	<u>316,067</u>

No employee earned more than £60,000 per annum.

The Trustees neither received nor waived any emoluments during the year (2010: £nil).

The average number of full time equivalent employees during the period, analysed by function, was:

	<u>2011</u>	<u>2010</u>
Fundraising	1.0	1.0
Research	0.0	0.5
Communications & stakeholder relations	1.0	1.0
Education & awareness raising	1.0	1.0
Support services	1.0	1.0
Management, finance & computer support	2.5	2.5
	<u>6.5</u>	<u>7.0</u>

6 Taxation

The company is exempt from income and corporation tax under s505(1) of the Income and Corporation Taxes Act 1988.

THE MIGRAINE TRUST

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 JANUARY 2011

7 Fixed Assets

	Computer and office equipment	Fixtures and fittings	Total
	£	£	£
<u>Cost</u>			
As at 1 February 2010	54,805	14,879	69,684
Additions	26,320	-	26,320
Disposals	(2,133)	-	(2,133)
As at 31 January 2011	<u>78,992</u>	<u>14,879</u>	<u>93,871</u>
<u>Depreciation</u>			
As at 1 February 2010	47,239	14,879	62,118
Charge for the period	6,142	-	6,142
Disposals	(2,133)	-	(2,133)
As at 31 January 2011	<u>51,248</u>	<u>14,879</u>	<u>66,127</u>
<u>Net Book Value at 31 January 2011</u>	<u>27,744</u>	<u>-</u>	<u>27,744</u>
<u>Net Book Value at 31 January 2010</u>	<u>7,566</u>	<u>-</u>	<u>7,566</u>

8 Fixed Asset Investments

	2011	2010
	£	£
Quoted Investments (see below)	298,523	333,875
Investment in Associate Company, at cost	1	1
Total Fixed Asset Investments	<u>298,524</u>	<u>333,876</u>

The investment in associate company represents 50% of the issued share capital of EHMTIC Limited, a company registered in England and Wales (Company No: 6219313) (see Note 2).

Quoted Investments (managed by J P Morgan):	£	£
Market Value at 1 February 2010	333,875	205,053
Acquisition at cost	-	200,000
Disposals at opening market value	(73,594)	(94,579)
Net (losses)/ gains on revaluation	38,242	23,401
Market value at 31 January 2011	<u>298,523</u>	<u>333,875</u>
Historic cost at 31 January 2011	<u>262,840</u>	<u>337,840</u>

THE MIGRAINE TRUST

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 JANUARY 2011

9 Stocks

	<u>2011</u>	<u>2010</u>
	£	£
Merchandise Stock	<u>2,004</u>	<u>2,430</u>

10 Debtors and prepayments

	<u>2011</u>	<u>2010</u>
	£	£
Debtors	30,310	2,377
Prepayments	17,798	31,525
	<u>48,108</u>	<u>33,902</u>

11 Creditors: Amounts falling due within one year

	<u>2011</u>	<u>2010</u>
	£	£
Research grants due	9,786	14,085
Bank Overdraft	278	5,375
Taxation and social security	7,092	7,555
Creditors and other accruals	38,132	15,088
	<u>55,288</u>	<u>42,103</u>

12 Designated Funds

	<u>Research</u>	<u>Strategic and</u>	<u>Health</u>	<u>Contingency</u>	<u>Total</u>
	<u>Grants</u>	<u>Merger Costs</u>	<u>Professionals</u>	<u>and working</u>	<u>capital fund</u>
	£	£	£	£	£
As at 1 February 2010	222,929	31,787	19,868	90,000	364,584
Transfers	-	-	-	30,000	30,000
Incoming resources	-	-	-	-	-
Resources expended	(29,139)	-	(1,261)	-	(30,400)
As at 31 January 2011	<u>193,790</u>	<u>31,787</u>	<u>18,607</u>	<u>120,000</u>	<u>364,184</u>

The Trustees regularly review the required level of reserves for the Trust and ideally would like to maintain the level of the Contingency and Working Capital Fund to a level which equates to at least six months of operating costs plus a further provision for lease commitments extending beyond this period.

As a result, the Contingency Fund totals £120,000 as at 31 January 2011 (2010: £90,000). The Trustees are currently satisfied that the Trust is sufficiently funded for the foreseeable future and will keep this position under regular review.

THE MIGRAINE TRUST

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 JANUARY 2011

13 Restricted Funds

	<u>Research</u>	<u>Professional</u> <u>Courses</u>	<u>Headache UK</u>	<u>Total</u>
	£	£		£
As at 1 February 2010	10,164	8,000	-	18,164
Incoming resources	-	-	-	-
Resources expended	-	(104)	-	(104)
As at 31 January 2011	<u>10,164</u>	<u>7,896</u>	<u>-</u>	<u>18,060</u>

Resources (net assets) are considered to be in an appropriate form to enable restricted funds to be applied according to the wishes of donors. Restricted Funds are represented by bank balances.

14 Operating lease commitments

	<u>Land and Buildings</u>		<u>Other</u>	
	<u>2011</u>	<u>2010</u>	<u>2011</u>	<u>2010</u>
	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>
	£	£	£	£
At 31 January 2011 the Trust had annual commitments under non-cancellable operating leases as set out below:				
Operating leases which expire:				
Less than one year	-	46,620	-	-
More than one year less than two years	-	-	-	-
Within two to five years	-	-	-	-
	<u>-</u>	<u>46,620</u>	<u>-</u>	<u>-</u>

The existing office lease at 55-56 Russell Square expired on 28 September 2010. Protracted negotiations with the landlord failed to reach a satisfactory conclusion and the Migraine Trust moved into new office premises at 52-53 Russell Square on 9 March 2011. The Trust is now a sub tenant of the Chartered Institute of Public Relations and has signed a sub lease through to 30 November 2018.